



**Sussex Health Equity Fellowship**  
**(Cohort 2 – 2024-25)**

**Information Pack**

# What is the Sussex Health Equity Fellowship

NHS Sussex are committed to improving its population health outcomes and addressing inequalities. We aim to do this through implementing our ICS Strategy, [Improving Lives Together](#) and delivering against NHS England's [CORE20 PLUS5 Adults](#) and [CORE20 PLUS5 Children and Young People](#).

We have commissioned Health Innovation Kent Surrey Sussex (KSS) to deliver another year of its successful health equity fellowship programme and system-wide training to build capabilities and capacity in skills and knowledge in relation to population health and health equity.

## Inaugural cohort (2023-24)

Health Innovation KSS delivered its first year of the health equity fellowship and system-wide training in 2023 -2024. The Health Equity Fellowship equipped its fellows with the knowledge and skills to address health inequalities in diverse communities. Eight fellows completed the nine-month programme, which included training, mentoring, and project development. The Fellows successfully delivered impactful projects that applied an equity lens to improve health outcomes across Sussex.

## System-wide training offer

A series of three webinars was available to all colleagues from across the Sussex health and care system, with over 110 attendees each time. Topics included:

- [What population health is and why it matters](#)
- [Tools for a population health approach...including population health management](#)
- [Population Health lessons from Sussex and beyond](#)

The year 1 evaluation demonstrated impact in the short to medium term, high levels of satisfaction and increases in population health skills and knowledge that could be applied in everyday work.

Building on the success of year 1, this year's programme will be bringing more webinars, expanding its topics covered in response to current local, regional and national priorities.

## Fellowship details – cohort 2 (2024-25)

The Sussex Health Equity Fellowship will run between September 2024 and April 2025 and we are looking to recruit up to **10 fellows** this year to take on a project to address health inequalities relevant to your area of work.

The Sussex Health Equity Fellowship is designed to enable and empower our workforce to address areas of inequity through a combination of individual interventions and as part of a collective group of like-minded, multi-disciplinary colleagues.

## Benefits of becoming a fellow:

- Learn to apply an equity lens to change initiatives.
- Build capability in population health improvement, innovation, and evaluation.
- Expand professional networks by connecting with other fellows.
- Access mentors for guidance and support.
- Exposure to experts on relevant topics.
- Publication of health equity projects.

## Expectations of Fellows:

- Passionate about reducing health inequalities Committed to designing and delivering a Health Equity Fellowship project
- Agree to commit to 1 day/week over a period of a 9-month period
- Undertake formal learning as part of the fellowship programme
- Aspire to influence change on a larger scale
- Desire to gain new skills, tools, approaches and insights
- Connect with a community of like-minded individuals
- Create equitable organisations, communities, and health care systems

**Please note that there is funding available to support backfill for Sussex Health Equity Fellowship posts**

## Who should apply?

The Sussex Health Equity Fellowship is an inclusive workforce capability and capacity building programme that is open to all employees and organisations across Sussex ICS, regardless of job role or current grade, this includes:

- NHS Sussex: The seven NHS provider partners in the Sussex Health and Care system and primary care partners
- East Sussex County Council, West Sussex County Council and Brighton & Hove City Council
- colleagues from voluntary, community and social enterprise partners involved in providing health and care services in Sussex.

Applicants must confirm prior support from their employing organisation as well as confirmation that time will be protected for them to fully participate on the fellowship programme for its duration.

## How are fellows selected?

Fellows will be selected based on their commitment to health equity and reducing inequalities as demonstrated through:

- Strength of statement of interest, including personal motivation, commitment to health equity, application in the workplace and continued application of learning following the fellowship
- Quality and relevance of proposed project, including how it is aligned with priorities set out in [Sussex's Integrated Care Strategy](#) and how the project considers and addresses inequalities experienced by [inclusion health groups](#) (where applicable)
- Confirmation of support from applicant's line manager.

**We aim to recruit fellows reflecting a variety of professional backgrounds, and communities served and relevant lived experience.**